

2024 PVTC Fall Throw Pent and Hammer Throw - 10/26/2024

Heritage HS

Results - Throws Pentathlon

Men Throws Pentathlon

	Points	HT	SP	DT	JT	WT
----- M45 -----						
1 Knudson, Adam		15.92m	9.25m	24.64m	27.95m	6.09m
Potomac Valley Track Club		52-03	30-04.25	80-10	91-08	19-11.75
Age-Graded Mark:		17.81m	10.97m	26.74m	33.84m	6.94m
Age-Graded Percent:		20.99%	46.94%	37.21%	34.36%	26.84%
M49 Team Points: 10	1764	(182)	(544)	(401)	(354)	(283)
----- M55 -----						
1 Barr, James		35.66m	11.44m	36.28m	35.85m	13.60m
Potomac Valley Track Club		117-00	37-06.5	119-00	117-07	44-07.5
Age-Graded Mark:		42.01m	14.20m	39.44m	48.12m	14.55m
Age-Graded Percent:		49.51%	60.76%	54.88%	48.86%	56.26%
M56 Team Points: 7.25	3236	(572)	(741)	(653)	(561)	(709)
----- M60 -----						
1 Werber, Scott		34.57m	11.87m	37.92m	26.51m	11.66m
Potomac Valley Track Club		113-05	38-11.5	124-05	87-00	38-03.25
Age-Graded Mark:		40.47m	14.54m	36.60m	36.25m	11.74m
Age-Graded Percent:		47.69%	62.22%	50.93%	36.81%	45.4%
M61 Team Points: 7.25	2841	(546)	(761)	(596)	(388)	(550)
----- M70 -----						
1 Markley, Antony		22.08m	8.01m	22.87m	21.96m	7.04m
Potomac Valley Track Club		72-05	26-03.5	75-00	72-00	23-01.25
Age-Graded Mark:		28.22m	10.44m	26.86m	34.18m	7.22m
Age-Graded Percent:		33.25%	44.67%	37.38%	34.71%	27.92%
M70 Team Points: 7.25	1918	(347)	(512)	(403)	(358)	(298)
----- M75 -----						
1 Monesmith, Fred		27.88m	9.82m	30.50m	25.10m	11.33m
Shore AC		91-06	32-02.75	100-01	82-04	37-02.25
Age-Graded Mark:		40.15m	14.12m	40.27m	44.50m	12.72m
Age-Graded Percent:		47.31%	60.42%	56.04%	45.19%	49.19%
M76 Team Points: 7.25	3060	(541)	(736)	(670)	(508)	(605)
2 Pearce, James		19.91m	6.23m	18.68m	10.86m	7.13m
Potomac Valley Track Club		65-04	20-05.25	61-03	35-07	23-04.75
Age-Graded Mark:		28.67m	8.96m	24.66m	19.25m	8.00m
Age-Graded Percent:		33.79%	38.34%	34.32%	19.55%	30.94%
M79 Team Points: 8	1631	(355)	(423)	(361)	(151)	(341)