

44th Annual Potomac Valley Games - 8/31/2019 to 9/1/2019

Sponsored by ACE Physical Therapy & SportsMed

T.C. Williams

Results - Outdoor Pentathlon

Men Outdoor Pentathlon

| | Points | LJ | JT | 200 | DT | 1500 |
|-----------------------|--------|--------|--------|---------|--------|----------|
| ----- M40 ----- | | | | | | |
| 1 Adam Knudson | | 5.24m | 32.07m | 27.60 | 25.85m | 7:07.26 |
| Falls Church, VA | | NWI | 105-02 | w: +0.0 | 84-10 | |
| Age-Graded Mark: | | 5.71m | 34.83m | 26.32 | 28.47m | 6:46.71 |
| Age-Graded Percent: | | 63.82% | 35.37% | 73.41% | 38.43% | 50.65% |
| M44 Team Points: 8 | 1932 | (525) | (368) | (499) | (434) | (106) |
| ----- M50 ----- | | | | | | |
| 1 David Hood | | 4.66m | 36.92m | 28.83 | 42.10m | 6:04.22 |
| Raleigh, NC | | NWI | 121-01 | w: +0.0 | 138-01 | |
| Age-Graded Mark: | | 5.72m | 45.33m | 25.76 | 43.01m | 5:18.01 |
| Age-Graded Percent: | | 64.01% | 46.03% | 75.03% | 58.07% | 64.78% |
| M54 Team Points: 5.25 | 2776 | (527) | (520) | (543) | (726) | (460) |
| ----- M60 ----- | | | | | | |
| 1 Achim Noack | | 4.47m | 33.59m | 32.35 | 32.83m | 6:44.14 |
| League City, TX | | NWI | 110-02 | w: +0.0 | 107-08 | |
| Age-Graded Mark: | | 6.29m | 47.49m | 26.96 | 34.89m | 5:20.85 |
| Age-Graded Percent: | | 70.28% | 48.23% | 71.68% | 47.1% | 64.21% |
| M60 Team Points: 5.25 | 2660 | (650) | (552) | (451) | (561) | (446) |
| ----- M65 ----- | | | | | | |
| 1 Glen Allen | | 4.02m | 26.70m | 28.56 | 29.46m | 6:19.32 |
| Baltimore, MD | | NWI | 87-07 | w: +0.0 | 96-08 | |
| Age-Graded Mark: | | 6.10m | 41.70m | 22.87 | 34.28m | 4:45.59 |
| Age-Graded Percent: | | 68.25% | 42.35% | 84.49% | 46.28% | 72.13% |
| M68 Team Points: 5.25 | 3068 | (608) | (467) | (798) | (549) | (646) |
| ----- M75 ----- | | | | | | |
| 1 Robert Zukas | | 2.82m | 29.59m | 38.53 | 19.08m | 7:56.16 |
| Saxonburg, PA | | NWI | 97-01 | w: -0.7 | 62-07 | |
| Age-Graded Mark: | | 5.08m | 56.01m | 27.80 | 27.34m | 5:12.18 |
| Age-Graded Percent: | | 56.74% | 56.88% | 69.5% | 36.91% | 65.99% |
| M75 Team Points: 5.25 | 2370 | (398) | (678) | (390) | (412) | (492) |
| ----- M78 ----- | | | | | | |
| 2 William Rhoad | | 1.68m | 16.07m | 38.54 | 17.33m | DNF |
| Raleigh, NC | | NWI | 52-09 | w: -0.7 | 56-10 | |
| Age-Graded Mark: | | 3.02m | 30.42m | 27.81 | 24.83m | |
| Age-Graded Percent: | | 33.8% | 30.89% | 69.49% | 33.53% | |
| M78 Team Points: 6 | 1127 | (68) | (305) | (390) | (364) | (0) |
| ----- M85 ----- | | | | | | |
| 1 Herman Blinichikoff | | 2.22m | 18.37m | 53.15 | 15.89m | 12:22.45 |
| Pikesville, MD | | NWI | 60-03 | w: -0.7 | 52-01 | |
| Age-Graded Mark: | | 4.91m | 44.78m | 32.17 | 30.99m | 6:20.21 |
| Age-Graded Percent: | | 54.95% | 45.47% | 60.08% | 41.85% | 54.18% |
| M85 Team Points: 8 | 1691 | (365) | (512) | (142) | (484) | (188) |