

**2010 PVTC All-Comers Meet #3**  
**Falls Church HS, Falls Church VA**  
**Results**

**Mixed 400 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points
<b>Finals</b>					
1 Jordan Sawadogo	M21 Silver Spring, MD		50.59	1	
2 Darren Foreman	M18 Alexandria, VA		51.20	1	
3 Stephen Swartz	M18 Vienna, VA		51.54	1	
4 Andrew Berry	M28 Washington, DC		51.86	1	
5 Glenn Grainger	M23 Baltimore, MD		52.40	2	
6 Blair Desio	M39 Arlington, VA		52.55	1	
7 Chris Andrews	M22 Baltimore, MD		52.61	2	
8 Imhotep Simba	M17 Baltimore, MD		53.06	1	
9 Taylor Edwards	M18 Baltimore, MD		53.44	1	
10 Nole Thomas	M24 NJ, NJ		53.93	2	
11 Mike George	M29 Arlington, VA		54.67	1	
12 Jameice DeCoster	W18 Glenn Dale, MD		55.60	2	
13 Melvin Hernandez	M16 Silver Spring, MD		55.80	1	
14 Brittany OgunMokun	W20 Landover, MD		56.45	2	
15 Shermon Willis	M20 Oxon Hill, MD		56.56	1	
16 Rashee Davis	W16 MD, MD		57.10	3	
17 London Freeland	W14 MD, MD		57.65	3	
18 Andria Smallwood	W22 Washington, DC		57.85	2	
19 Darnell Smith	M48 Baltimore, MD		58.05	2	
20 Kordell Williams	M14 MD, MD		58.12	3	
21 Charmaine Roberts	W43 Beltsville, MD		58.80	2	
22 Brandon Wallace	M19 Silver Spring, MD		59.98	1	
23 James C. Thoburn	M21 Vienna, VA		1:00.27	2	
24 Michael Nathan	M22 Arlington, VA		1:00.72	3	
25 Daquan Short	M14 MD, MD		1:01.01	8	
26 Kyannah Calhoun	W15 Leesburg, VA		1:01.12	3	
27 Jordan Davis	W14 MD, MD		1:01.13	3	
28 Paris Savage	M15 Leesburg, VA		1:01.64	3	
29 Darron Coley	M13 Chantilly, VA		1:01.77	8	
30 Omeiza Momoh	M16 MD, MD		1:01.92	3	
31 Bryce Walker	M13 Columbia, MD		1:02.03	3	
32 Dan Weiser	M52 Washington, DC		1:03.63	2	
33 Ariam Solomon	W17 Silver Spring, MD		1:03.69	2	
34 Corica Rodgers	W24 Unattached		1:04.99	3	
35 Jeffrey Walker	M51 Columbia, MD		1:05.63	2	
36 Jimmica Yarbough	W14 MD, MD		1:05.76	8	
37 Sean McInain	M11 Washington, DC		1:09.32	7	
38 Logan Wallace	M14 Silver Spring, MD		1:09.44	3	
39 Taylor Parker	W12 MD, MD		1:10.93	5	
40 Jay Pope	M9 Centreville, VA		1:12.00	6	
41 Greg Young	W10 MD, MD		1:12.02	6	
42 Malik Jones	M14 MD, MD		1:12.85	6	
43 Kyle Copeland	M12 Leesburg, VA		1:14.36	8	
44 Chivas Kemp	M10 Kingstowne, VA		1:14.75	7	
45 Elias Warren-Mohr	M11 Clinton, MD		1:16.48	7	
46 Anthony Baker	M11 Unattached		1:16.50	7	
47 Kibwe Galloway	M12 MD, MD		1:16.71	6	
48 Alize Wells	W14 MD, MD		1:16.80	8	
49 Stacey Watts	W12 MD, MD		1:16.83	7	
50 Adriana Shorter	W12 MD, MD		1:18.08	5	
51 Beau Everett	M8 Ashburn, VA		1:18.99	6	
52 Bryson Riddick	M9 Sterling, VA		1:19.00	6	

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53	Terence Lewis	M12 MD, MD	1:19.09	7
54	Taylor Lewis	W8 MD, MD	1:20.81	4
55	Jaren Holmes	M9 Fredricksburg, VA	1:20.82	6
56	Dorian Strong	M8 MD, MD	1:21.10	4
57	Erica Gibbs	W11 Silver Spring, MD	1:21.84	5
58	Teona Tay-Brown	W12 MD, MD	1:23.33	5
59	Taylor Strong	W10 MD, MD	1:24.89	5
60	Grace Golatt	W8 MD, MD	1:25.30	4
61	Anisa Roberts	W10 Beltsville, MD	1:26.51	5
62	Christain Dinarte	M11 Vienna, VA	1:26.99	7
63	colby whigham	M8 Unattached	1:27.14	6
64	Jonathan Winston	M8 MD, MD	1:27.68	4
65	Ki'Noni Galloway	W12 MA, MA	1:27.78	5
66	Trenea McKissic	W16 MD, MD	1:27.83	5
67	Dion Golatt	M11 New Wave	1:28.66	6
68	Deja Colon	W14 Kingstowne, VA	1:29.52	8
69	Aaron Garnett	M8 MD, MD	1:30.11	4
70	Spencer Gray	M8 MD, MD	1:32.56	4
71	Okeyo Ayungo	M6 Rockville, MA	1:34.52	4
72	Aaron Talbert	M9 Ashburn, VA	1:35.04	6
73	Joshua Burnell	M11 Ashburn, VA	1:35.22	7
74	Amani Talbert	M7 Ashburn, VA	1:41.89	4
75	Nicholaas Burnell	M6 Ashburn, VA	1:45.66	4
76	Khalil Thomas	M8 MD, MD	1:46.97	4
77	William Stone	M6 Centreville, VA	1:48.85	4

**Mixed 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1	Darren Foreman	M18 Alexandria, VA	2:03.37	
2	Chelo Abbe	M17 Portsmouth, RI	2:04.08	
3	Taylor Edwards	M18 Baltimore, MD	2:06.99	
4	Kennie Edwards	M44 Baltimore, MD	2:10.16	
5	D'Ante yarbough	M14 leesburg, VA	2:18.51	
6	James C. Thoburn	M21 Vienna, VA	2:24.24	
7	London Freeland	W14 MD, MD	2:30.04	
8	Steve Geyer	M18 Leesburg, VA	2:30.07	
9	Alex Pampaloni	M16 Round Hill, VA	2:31.18	
10	Kyannah Calhoun	W15 Leesburg, VA	2:32.05	
11	John Arbab	M50 Arlington, VA	2:33.74	
12	Jordan Davis	W14 MD, MD	2:34.37	
13	Melissa Sanders	W17 Sterling, VA	2:37.44	
14	Dan Weiser	M52 Washington, DC	2:41.37	
15	Kyle Copeland	M12 Leesburg, VA	2:44.61	
16	Jeffrey Walker	M51 Columbia, MD	2:51.42	
17	Beth McCann	W50 Arlington, VA	2:53.97	
18	Kibwe Galloway	M12 MD, MD	2:55.49	
19	Jimmica Yarbough	W14 MD, MD	2:57.19	
20	Elias Warren-Mohr	M11 Clinton, MD	3:01.67	
21	Shalaya Fields	W13 Sterling, VA	3:08.93	
22	Greg Young	W10 MD, MD	3:11.64	
23	Stacey Watts	W12 MD, MD	3:12.66	
24	J'Quan Favor	M14 MD, MD	3:18.20	
25	Jonathan Winston	M8 MD, MD	3:18.51	

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26 Bryce Walker	M13 Columbia, MD	3:22.12
27 Trenea McKissic	W16 MD, MD	3:32.00
28 Ki'Noni Galloway	W12 MA, MA	3:36.69
29 Taylor Lewis	W8 MD, MD	3:37.00
30 Terence Lewis	M12 MD, MD	4:18.07
31 Khalil Thomas	M8 MD, MD	4:33.56

**Mixed 1 Mile Run**

Name	Age Team	Seed	Finals	Points
1 Andrew Duncan	M43 Bethesda, MD		4:39.57	
2 Andrew Ciarfalia	M27 Reston, VA		4:41.57	
3 Claire Hallissey	W27 Arlington, VA		4:54.77	
4 Unknown Runner	M31 Unattached		4:55.09	
5 Martin Kleiber	M33 Arlington, VA		4:57.22	
6 Alisa Harvey	W44 Manassas VA, VA		5:01.75	
7 Gary Grilliot	M46 Reston, VA		5:03.10	
8 James C. Thoburn	M21 Vienna, VA		5:04.31	
9 Steve Anderson	M53 Arlington, VA		5:11.69	
10 Kenny Tsao	M19 Silver Spring, MD		5:12.89	
11 Victor Esteban	M39 Washington, DC		5:13.94	
12 Tadd Morris	M42 Camphill, PA		5:17.15	
13 Brian Goldman	M20 Falls Church, VA		5:18.59	
14 Joe Burno	M56 Mitchellville, MD		5:19.09	
15 Robertino Bogart	M20 McLean, VA		5:19.40	
16 Rashee Davis	W16 MD, MD		5:22.07	
17 Timothy Noonan	M40 Lansdowne, VA		5:29.16	
18 Michael Nathan	M22 Arlington, VA		5:40.48	
19 Larry Washington	M58 Rockville, MD		5:41.29	
20 Curtis Davis	M52 Gaithersburg, MD		5:41.78	
21 Mary Christopher	W25 Washington, DC		5:57.26	
22 Kyle Copeland	M12 Leesburg, VA		5:58.52	
23 Jim Noone	M66 Fairfax, VA		6:03.52	
24 Connor Spehlmann	M11 Vienna, VA		6:08.38	
25 Dd Montiel	W15 Silver Spring, MD		6:13.32	
26 Jim Darr	M55 Falls Church, VA		6:17.47	
27 Nora Gayer	W18 McLean, VA		6:50.60	
28 Rheinhardt Harrison	M6 Falls Church, VA		7:11.99	
29 J'Quan Favor	M14 MD, MD		7:33.17	
30 David Thomas	M10 MD, MD		7:42.54	
31 Peter Blank	M55 Annandale, VA		7:44.03	
32 Terence Lewis	M12 MD, MD		7:49.39	
33 Solomon Hutchins	M6 Arlington, VA		8:06.91	
34 Tyler Crum	M6 McLean, VA		8:23.33	

**Mixed 3000 Meter Run**

Name	Age Team	Seed	Finals	Points
1 Claire Hallissey	W27 Arlington, VA		9:44.38	10
2 James C. Thoburn	M21 Vienna, VA		10:31.53	8
3 Robertino Bogart	M20 McLean, VA		11:20.81	6
4 Kenny Tsao	M19 Silver Spring, MD		11:33.29	5
5 Connor Spehlmann	M11 Vienna, VA		12:35.48	4

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**....Mixed 3000 Meter Run**

6 Dd Montiel	W15 Silver Spring, MD	12:50.67	3
7 Jay Jacob Wind	M60 Arlington, VA	13:50.88	2

**Mixed 80 Meter Hurdles**

Name	Age Team	Seed	Finals	Wind	Points
1 Bruce Williams	M11 MD, MD		16.02	NWI	

**Mixed 110 Meter Hurdles**

Name	Age Team	Seed	Finals	Wind	Points
1 Justin Crawford	M19 Washington, DC		14.38	-1.1	
2 Paul DeVito	M18 Manassas, VA		14.51	-1.1	
3 Samuel Asiamah	M18 Silver Spring, MD		15.55	-1.1	

**Mixed 200 Long Hurdles 200M**

Name	Age Team	Seed	Finals	Wind	Points
1 Bruce Williams	M11 MD, MD		30.13	NWI	
2 Mark Fertal	M14 Vienna, VA		35.49	NWI	
3 Shalaya Fields	W13 Sterling, VA		39.53	NWI	

**Mixed 300 Long Hurdles 300M**

Name	Age Team	Seed	Finals	Points
1 Bob Paulen	M73 Silver Spring, MD		57.99	

**Mixed 400 Long Hurdles 400M**

Name	Age Team	Seed	Finals	Points
1 Kemar Brown	M23 Hyattsville, MD		51.59	
2 Keith Anderson	M25 Adelphi, MD		58.15	
3 Keishia Thorpe	W26 Largo, MD		1:04.20	
4 Steve Geyer	M18 Leesburg, VA		1:08.85	
5 Treisha Thorpe	W23 Largo, MD		1:09.22	

**Mixed High Jump**

Name	Age Team	Seed	Finals	Points
1 Dwayne Allen	M30 Manassas, VA		1.82m	5-11.50
1 Theodore Robinson	M51 Alexandria, VA		1.82m	5-11.50
3 Mike Rolince	M22 Fairfax, VA		1.77m	5-09.75
4 Mason Smith	M17 Winchester, VA		1.72m	5-07.75
5 Joshua Burnell	M11 Ashburn, VA		0.95m	3-01.25
-- Jason Judd	M38 Stephens City, VA		NH	

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**Mixed Pole Vault**

Name	Age Team	Seed	Finals	Points
1 Nabeel Janjua	M17 Annandale, VA		11-00.00	3.35m
2 Clayton Wandishin	M18 Oak hill, VA		10-06.00	3.20m
2 Garrett Allen	M17 Herndon, VA		10-06.00	3.20m
4 Jennifer Markin	W17 Fairfax, VA		9-06.00	2.89m
5 Mark Fertal	M14 Vienna, VA		6-00.00	1.82m

**Mixed Long Jump youth**

Name	Age Team	Seed	Finals	Wind	Points
1 muhammad haum	M23 fairfax, VA		23-11.00	NWI	7.28m
2 Godson Akinawo	M23 Adelphi, MD		23-03.50	NWI	7.09m
3 Mark Dennis	M23 Culpepper, VA		22-09.00	NWI	6.93m
4 Cameron French	M19 Culpeper, VA		19-07.75	NWI	5.98m
5 Mike Rolince	M22 Fairfax, VA		18-04.00	NWI	5.58m
6 Justin Williams	M18 Culpepper, VA		17-09.00	NWI	5.41m
6 Spencer Allen	M19 Culpepper, VA		17-09.00	NWI	5.41m
8 Bryan Lee	M15 Vienna, VA		16-06.50	NWI	5.04m
9 Thus Laddaphan	M16 Vienna, VA		16-05.00	NWI	5.00m
10 Theodore Robinson	M51 Alexandria, VA		16-03.50	NWI	4.96m
11 Katie Saling	W18 Burke, VA		14-01.00	NWI	4.29m
12 Mark Fertal	M14 Vienna, VA		13-02.25	NWI	4.01m
13 Xavier Pearson	M12 Arlington, VA		13-01.25	NWI	3.99m
14 Bob Paulen	M73 Silver Spring, MD		12-10.50	NWI	3.92m
15 Caroline Stephens	W19 Washington, DC		12-00.50	NWI	3.67m
16 Max Levowitz	M15 Vienna, VA		10-10.50	NWI	3.31m
17 Janoah Syers	W10 MD, MD		8-04.25	NWI	2.54m
18 Haley Stumvoll	W13 Vienna, VA		7-04.00	NWI	2.23m
19 Christain Dinarte	M11 Vienna, VA		6-09.75	NWI	2.07m
20 J'Quan Favor	M14 MD, MD		6-09.00	NWI	2.05m
21 Danayshia McClendon	W10 Alexandria, VA		6-03.75	NWI	1.92m
-- Jason Judd	M38 Stephens City, VA		FOUL		

**Mixed Triple Jump**

Name	Age Team	Seed	Finals	Wind	Points
1 Allen Simms	M27 Rockville, MD		15.74m	NWI	51-07.75
2 Marc Dzradosi	M35 Indianapolis, IN		15.05m	NWI	49-04.50
3 Cameron French	M19 Culpeper, VA		13.46m	NWI	44-02.00
4 Mason Smith	M17 Winchester, VA		12.31m	NWI	40-04.75
5 Justin Williams	M18 Culpepper, VA		12.06m	NWI	39-07.00
6 Thus Laddaphan	M16 Vienna, VA		11.06m	NWI	36-03.50
7 Spencer Allen	M19 Culpepper, VA		10.66m	NWI	34-11.75
8 Jason Judd	M38 Stephens City, VA		10.63m	NWI	34-10.50
9 Mark Fertal	M14 Vienna, VA		9.10m	NWI	29-10.25
10 Bob Paulen	M73 Silver Spring, MD		7.90m	NWI	25-11.00

**Mixed Shot Put**

Name	Age Team	Seed	Finals	Points
1 Justin Clickett	M25 Manassas, VA		19.02m	62-05.00

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**....Mixed Shot Put**

2	Tyler Blatchley	M24	Baltimore, MD	18.81m	61-08.50
3	Ken Moss	M62	Leesburg, VA	13.28m	43-07.00
4	Julian Nelson	M14	MD, MD	11.11m	36-05.50
5	Okinyi Ayungo	M35	Rockville, MD	11.04m	36-02.75
6	Bobby Ponton	M15	Springfield, VA	9.69m	31-09.50
7	Mary Wilkins	W49	District Heights, M	8.62m	28-03.50
8	Robertino Bogart	M20	McLean, VA	7.69m	25-02.75
9	Bruce Williams	M11	MD, MD	7.56m	24-09.75
10	Max Levowitz	M15	Vienna, VA	7.30m	23-11.50
11	Brian Goldman	M20	Falls Church, VA	6.94m	22-09.25
12	Trevon Arrington	M13	Alexandria, VA	6.88m	22-07.00
13	Phillip Fussell	M15	Lorton, VA	5.95m	19-06.25
--	John Urdahl, Jr	M21	Owings, MD	FOUL	

**Mixed Discus Throw**

Name	Age Team	Seed	Finals	Points	
1	Patrick Harding	M30	Fairfax, VA	44.71m	146-08
2	Scott Reido	M29	Alexandria, VA	42.29m	138-09
3	Okinyi Ayungo	M35	Rockville, MD	33.08m	108-06
4	John Urdahl, Jr	M21	Owings, MD	30.08m	98-08
5	James Patteson	M48	Fairfax, VA	29.70m	97-05
6	Victor Litwinski	M66	McLean, VA	27.15m	89-01
7	Matt Gottlieb	M46	Alexandria, VA	27.02m	88-08
8	Paul Decot	M64	Fairfax, VA	26.72m	87-08
9	Julian Nelson	M14	MD, MD	26.44m	86-09
10	Jeff James	M51	Fairfax, VA	24.77m	81-03
11	Bobby Ponton	M15	Springfield, VA	24.05m	78-11
12	Mary Wilkins	W49	District Heights, M	21.76m	71-05
13	Max Levowitz	M15	Vienna, VA	19.67m	64-06
14	Phillip Fussell	M15	Lorton, VA	16.65m	54-07
15	Trevon Arrington	M13	Alexandria, VA	13.51m	44-04

**Mixed Hammer Throw**

Name	Age Team	Seed	Finals	Points	
1	Ashlen Veatch	W16	Roanoke, VA	48.17m	158-00
2	Ken Moss	M62	Leesburg, VA	48.00m	157-06
3	Meredith Oare	W17	Sterling, VA	36.93m	121-02
4	John Urdahl, Jr	M21	Owings, MD	33.45m	109-09
5	Michael Valle	M69	Hillsborough, NC	32.33m	106-01
6	Aric Veatch	M14	Roanoke, VA	27.09m	88-10
7	Darrell Dempster	M81	Annapolis, MD	22.15m	72-08

**Mixed Javelin Throw**

Name	Age Team	Seed	Finals	Points	
1	Russell White	M66	Chevy Chase, MD	40.93m	134-03
2	James Kenney	M69	White Plains, MD	40.78m	133-09
3	Paul Decot	M64	Fairfax, VA	39.15m	128-05
4	Julian Nelson	M14	MD, MD	25.70m	84-04
5	Nick Stevens	M65	Bethesda, MD	23.73m	77-10

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**....Mixed Javelin Throw**

6 Phillip Fussell	M15 Lorton, VA	22.33m	73-03
7 Trevon Arrington	M13 Alexandria, VA	18.06m	59-03
8 Mary Wilkins	W49 District Heights, M	14.53m	47-08

**Mixed Javelin Throw Turbo Jav**

Name	Age Team	Seed	Finals	Points
1 Dion Golatt	M11 New Wave		25.62m	84-01
2 Jonathan Winston	M8 MD, MD		12.18m	39-11

**Mixed 1 Mile Race Walk**

Name	Age Team	Seed	Finals	Points
1 Peter Blank	M55 Annandale, VA		9:24.8h	
2 John Morrison	M61 Essex, MD		9:44.3h	
3 Brian Allen	M38 College Park, MD		9:58.2h	
4 Sheldon Contract	M71 N. Bethesda MD		10:40.1h	
5 Victor Litwinski	M66 McLean, VA		10:56.1h	
6 Trenea McKissic	W16 MD, MD		12:30.6h	
7 Jay Jacob Wind	M60 Arlington, VA		15:12.7h	

**Mixed 3000 Meter Race Walk**

Name	Age Team	Seed	Finals	Points
1 Peter Blank	M55 Annandale, VA		18:24.9h	
2 John Morrison	M61 Essex, MD		19:04.3h	
3 Brian Allen	M38 College Park, MD		19:41.8h	
4 Victor Litwinski	M66 McLean, VA		20:15.9h	
5 Lois Dicker	W70 Silver Spring, MD		20:16.9h	
6 Sheldon Contract	M71 N. Bethesda MD		20:35.1h	
7 Thomas Augustine	M60 Woodbridge, VA		21:30.6h	
8 Lee Aulisso	M63 Arlington, VA		21:30.8h	
9 Margaret Fisher	W56 Cabin John, MD		22:39.3h	