

# Arlington Running Roundup

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With 35,000 entrants and 24,659 finishers under the two-and-a-half-hour cutoff, the annual Army Ten Miler, run Oct. 7, is the world's third largest 10-mile footrace, and one of the reasons SmartAsset.com recognized Arlington as the best county for runners in the United States in its article [www.smartasset.com/mortgage/best-cities-for-runners-2018-edition](http://www.smartasset.com/mortgage/best-cities-for-runners-2018-edition).

Two Kenyan-born runners won the men's and women's division - both serving in the U.S. Army and stationed at Fort Sam Houston in Texas.

Frankline Tonui, 25, outkicked his teammate Evans Kirwa, 29, by less

than one second, to win the men's title in 50:23, ahead of Ethiopian-born U.S. Airman Girma Mecheso, 30, of Colorado Springs, Colorado, third in 50:30.

Among women, Susan Tanui, 31, triumphed in 56:33, ahead of Julia Roman-Duval, 36, of Columbia, Md., second in 57:17, and Emily De La Bruyere, 25, of Washington, D.C., third in 59:07.

Among Arlington men, Matt Deters, 33, was 24th in 54:47, running stride-for-stride with Graham Tribble, 30, 25th in 54:47, followed by Sean Barrett, 33, 30th in 55:38.

Arlington's Lindsay (Goulet) Wilkins, 40, finished 17th among women in 1:03:16, with Cristina Burbach, 44, 30th in 1:06:02, and Amanda Barnett, 35, 37th in 1:06:47.

## Football

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no turnovers, but just 172 total yards.

The game was tied at 7 early in the second period, then Yorktown scored three straight touchdowns to lead 28-7 at halftime, then the lead swelled to 42-7 in the second half.

Patterson's scoring receptions were for 40, 27 and 19 yards. Jakore Harmon had a 70-yard touchdown reception and Jack McCool had the other for 14 yards. Will Cantwell added a 13-yard scoring run.

*Patterson* had four catches for 99

A total of 1,542 Arlington runners finished the race. Only Washington, D.C., with 1,702 finishers and Alexandria with 1,659 had more.

Construction caused a modification of the course not to cross Memorial Bridge for the first time in the race's 35-year history. Instead, runners started on Route 110 east of the Pentagon and continued straight north to Key Bridge, and from there, onto Whitehurst Freeway, Rock Creek Parkway, Independence Avenue, and the 14th Street Bridge back to Arlington for the final miles past Long Bridge Park and back to the finish on Route 100 at the Pentagon's Mall Parking Lot.

Wheelchair athletes and wounded warriors started at 7:50 a.m., followed by

Lang, respectively. Lou Delore kicked three extra points.

Also for Wakefield, Camryn Johnson rushed for 49 yards, Poythress was 11 of 17 passing for 139 yards, Hatcher had six catches for 51 and Lincoln Calfee three for 42. Prather had one catch for 12 yards in the game.

Prather and Lang each had interceptions on defense. Lang returned his 28 yards.

■ Washington-Lee got two first-half field goals of 25 and 33 yards from Pedro Palacios, but trailed 14-6 at halftime, and 27-6 in the third quarter. The Generals scored two late touchdowns on passes from Ryan Dodds to Bryson Files and Liam McBride.

10 waves of 2,500 runners each starting at 8 a.m. and every six minutes thereafter. The booms from the U.S. Army cannon at each wave start could be heard all over Arlington and far into D.C.

Eleven finishers were amputees, three were push-rim wheelers, 23 were handcyclers, 10 were on recumbent wheelchairs, and 30 more were disabled.

Richard Williams, 82, of Coronado, Calif., and formerly of Arlington, was this year's oldest male finisher in 1:50:10, and Rosemary Schwartzbard, 76, of Arlington was the oldest female finisher in 2:13:25. Jody Applegate, also 76, of Arvada, Colorado, finished in 2:21:52.

*Jay Jacob Wind's Arlington Running Roundup appears occasionally in the Sun Gazette.*

Dodds was Washington-Lee's leading passer and rusher. He threw for more than 200 yards.

"It wasn't a good night to run the ball for us," W-L coach Josh Shapiro said. "They were big up front and we couldn't move them. But we fought back, scoring two late touchdowns, then weren't able to execute the onside kick and get the ball back."

■ In Oct. 12 action at 7 p.m., Yorktown hosts the Langley Saxons (1-5, 0-1) and Washington-Lee plays at South Lakes (4-2, 1-0) in Liberty District games, and the Wakefield Warriors face the host Lee Lancers (1-6, 0-1) in a National District contest. South Lakes is the defending Liberty champion.