

POTOMAC VALLEY TRACK CLUB

Men's Decathlon Records - Day One

| AGE GROUP | MARK | ATHLETE | AGE | HOMETOWN | YEAR |
|------------------|---------------|---------------------|-----------|--------------------|-------------|
| 100M DASH | | | | | |
| 15-yr | 12.3h | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 11.4h | Derek Forthun | 16 | | 2009 |
| 17-yr | 11.2h | Kalen Schiedt | 17 | Marietta, GA | 2002 |
| | 11.2h | Scott Campbell | 17 | | 2009 |
| 18-yr | 11.83 | Buzz Moorman | 18 | Fairfax, VA | 2006 |
| 20-29 | 10.6h | Marion Mason | 22 | Fairfax, VA | 2002 |
| 30-34 | 11.1h | Les Young | 33 | Chesapeake, VA | 2003 |
| | 11.1h | Adam Alderton | 34 | Alexandria, VA | 2009 |
| 35-39 | 12.19 | John Jones | 35 | Springfield, VA | 2004 |
| 40-44 | 12.22 | Don Davis | 41 | Clarksville, MD | 2008 |
| 45-49 | 12.84 | Tony Markley | 49 | Lovettsville, VA | 2003 |
| 50-54 | 12.85 | Tony Markley | 52 | Lovettsville, VA | 2006 |
| 55-59 | 13.86 | Keith Mathis | 56 | Reisterstown, MD | 2009 |
| 60-64 | 14.0h | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | 16.54 | Richard Klehm | 65 | Spotsylvania, VA | 2009 |
| LONG JUMP | | | | | |
| 15-yr | 4.74m | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 5.39m | Derek Forthun | 16 | | 2009 |
| 17-yr | 6.34m | Scott Campbell | 17 | | 2009 |
| 18-yr | 5.96m | Buzz Moorman | 18 | Fairfax, VA | 2006 |
| 20-29 | 6.93m | Marion Mason | 22 | Fairfax, VA | 2002 |
| 30-34 | 6.34m | Adam Alderton | 34 | Alexandria, VA | 2009 |
| 35-39 | 5.40m | John McKenzie | 36 | Silver Spring, MD | 2000 |
| 40-44 | 5.51m | James Barr | 41 | Arlington, VA | 2009 |
| 45-49 | 5.02m | Bob Doran | 49 | Buffalo, NY | 2003 |
| 50-54 | 4.96m | Noel Ruebel | 52 | | 2009 |
| 55-59 | 4.57m | Keith Mathis | 56 | Reisterstown, MD | 2009 |
| 60-64 | 4.67m | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | 3.55m | Richard Klehm | 65 | Spotsylvania, VA | 2009 |
| SHOT PUT | | | | | |
| 15-yr | 9.27m | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 11.80m | Chase Rexroat | 16 | | 2009 |
| 17-yr | 10.93m | Kalen Schiedt | 17 | Marietta, GA | 2002 |
| 18-yr | 11.25m | Vaclav Malek | 18 | Rockville, MD | 2002 |
| 20-29 | 12.62m | Bob Koski | 26 | Chimayo, NM | 2000 |
| 30-34 | 12.61m | James Barr | 31 | Arlington, VA | 1999 |
| 35-39 | 10.37m | John Jones | 35 | Springfield, VA | 2004 |
| 40-44 | 12.15m | James Barr | 41 | Arlington, VA | 2009 |
| 45-49 | 8.89m | Bob Doran | 49 | New York, NY | 2003 |
| 50-54 | 11.13m | Noel Ruebel | 52 | | 2009 |
| 55-59 | 10.96m | Mike Valle | 58 | Burlington, NC | 1999 |
| 60-64 | 10.30m | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | 9.86m | Richard Klehm | 65 | Spotsylvania, VA | 2009 |

Day One Records continued...

| AGE GROUP | MARK | ATHLETE | AGE | HOMETOWN | YEAR |
|-----------------------|--------------|----------------------|-----------|------------------------|-------------|
| HIGH JUMP | | | | | |
| 15-yr | 1.62m | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 1.87m | Derek Forthun | 16 | | 2009 |
| 17-yr | 1.87m | Doug Zimmer | 17 | McLean, VA | 2004 |
| 18-yr | 2.03m | Vaclav Malek | 18 | Rockville, MD | 2002 |
| 20-29 | 1.88m | Doug Thomasey | 23 | Middlesex, NJ | 2006 |
| 30-34 | 1.88m | Les Young | 33 | Chesapeake, VA | 2003 |
| 35-39 | 1.62m | John Jones | 35 | Springfield, VA | 2004 |
| 40-44 | 1.69m | James Barr | 41 | Arlington, VA | 2009 |
| 45-49 | 1.56m | Keith Mathis | 48 | Reisterstown, MD | 2001 |
| 50-54 | 1.59m | Noel Ruebel | 52 | | 2009 |
| 55-59 | 1.50m | Keith Mathis | 56 | Reisterstown, MD | 2009 |
| 60-64 | 1.47m | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | 1.37m | Richard Klehm | 65 | Spotsylvania, VA | 2009 |
| 400M DASH | | | | | |
| 15-yr | 61.9h | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 52.94 | Chase Rexroat | 16 | | 2009 |
| 17-yr | 53.6h | Scott Campbell | 17 | | 2009 |
| 18-yr | 53.7h | Vaclav Malek | 18 | Rockville, MD | 2002 |
| 20-29 | 49.7h | Adam Alderton | 26 | Springfield, VA | 2000 |
| 30-34 | 50.5h | Adam Alderton | 34 | Alexandria, VA | 2009 |
| 35-39 | 57.8h | John McKenzie | 36 | Silver Spring, MD | 2001 |
| 40-44 | 61.8 | James Barr | 41 | Arlington, VA | 2009 |
| 45-49 | 59.94 | Tony Markley | 49 | Lovettsville, VA | 2003 |
| 50-54 | 59.82 | Tony Markley | 52 | Lovettsville, VA | 2006 |
| 55-59 | 71.78 | Keith Mathis | 56 | Reisterstown, MD | 2009 |
| 60-64 | 66.8h | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | | | | | |
| 1st DAY POINTS | | | | | |
| 15-yr | 2150 | Michael Hucke | 15 | Potomac, MD | 2001 |
| 16-yr | 2935 | Derek Forthun | 16 | | 2009 |
| 17-yr | 3168 | Kalen Schiedt | 17 | Marietta, GA | 2002 |
| 18-yr | 3186 | Vaclav Malek | 18 | Rockville, MD | 2002 |
| 20-29 | 3536 | Marion Mason | 22 | Fairfax, VA | 2002 |
| 30-34 | 3239 | Les Young | 33 | Chesapeake, VA | 2003 |
| 35-39 | 2616 | John Jones | 35 | Springfield, VA | 2004 |
| 40-44 | 2385 | Don Davis | 41 | Clarksville, MD | 2008 |
| 45-49 | 2711 | Tony Markley | 49 | Lovettsville, VA | 2003 |
| 50-54 | 3066 | Tony Markley | 52 | Lovettsville, VA | 2006 |
| 55-59 | 2634 | Mike Valle | 58 | Burlington, NC | 1999 |
| 60-64 | 3665 | Phil Byrne | 60 | Charlestown, MA | 2001 |
| 65-69 | | | | | |