

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****W35 60 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points
Finals					
1 # 1803 Mock, jill	W37 Unattached	8.00	8.57	2	

W40 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1731 Muhammad, Zakiyya	W40 Hershey Blaz	8.60	8.84	2	

W45 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1824 White, Teniko	W45 Unattached	8.40	8.90	2	
1 # 1747 Johnson, Lorraine	W47 Potomac Vall	8.80	8.90	2	

W50 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1724 Rath, Terri	W54 Athena Track Club	9.01	9.28	2	

W55 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1764 Allen, Adriene	W56 Unattached		9.47	2	
2 # 1778 Frazier, Karen	W57 Unattached		10.01	2	

W60 60 Meter Dash

Name	Age Team	Seed	Finals	Points
-- # 1754 Recto, Liza	W62 Potomac Vall		SCR	
-- # 1751 Mayhugh, Mary Low	W61 Potomac Vall		SCR	
1 # 1781 Good, Keg	W60 Unattached	10.30	10.49	

W65 60 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1753 Phillips, Hannah	W65 Potomac Vall		10.55	
2 # 1787 Hncock, Elizabeth	W65 Unattached		16.01	

W70 60 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1788 Ingles, Laura	W71 Potomac Vall		33.18	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****W75 60 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 1784 Green, Rose	W79 Potomac Vall	10.78	11.11	

M19-29 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1789 Jackson, Erick	M27 Unattached	8.46	7.20	5	
2 # 1783 Gray, Warren	M28 Unattached	7.10	7.36	5	
3 # 1728 Williams, Marcell	M25 DC International	7.40	7.84	5	
4 # 1777 Ellis, Stephen	M25 Unattached	7.59	8.00	5	

M30 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1797 Lockhart, Darrell	M31 Unattached	7.40	7.53	5	

M40 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1775 Davis, Derwin	M40 Unattached	7.55	7.36	4	
2 # 1808 Nelson, Etroy	M44 Unattached	7.40	7.80	4	
3 # 1819 Trach, Andrei	M44 Unattached		8.61	4	

M45 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1818 Steel, Todd	M48 Unattached	8.00	7.86	4	
2 # 1809 O'Neill, Ross	M48 Unattached	7.89	8.17	4	
3 # 1738 Staples, Glenn	M49 Potomac Vall	7.79	8.33	4	
4 # 1835 Colbert, Christop	M45 Unattached		8.78	4	
5 # 1766 Ash, David	M47 Unattached		9.34	4	

M50 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1811 owens, keith	M54 Unattached	8.13	8.12	3	
2 # 1792 Johnson AtlantaTC	M51 Unattached	8.00	8.13	3	
3 # 1776 Davis, Don	M51 Unattached		8.15	3	
4 # 1805 muhammad, curtis	M52 Unattached	7.75	8.69	3	

M55 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1801 McGee, Don	M57 Unattached	7.85	7.94	2	
2 # 1833 Fears, Darryl	M57 Potomac Vall		8.47	2	
3 # 1817 Smith, Chris	M55 Unattached		8.71	2	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M60 60 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 1831 Hadrick, John	M60 Tnt Internat	7.99	8.24	
2 # 1791 Jeremiah, Lloyd	M60 Unattached	8.00	11.90	

M65 60 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1838 Lynch, Herb	M67 Unattached		8.92	2	

M70 60 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1768 Austin, Cortez	M70 Unattached		10.36	

M75 60 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1827 Williams, Albert	M77 Unattached	10.00	9.05	
2 # 1815 Rhoad, William	M76 Unattached	10.64	10.66	

W30 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1727 Fletcher, Tiera	W30 DC International	31.00	29.21	3	

W40 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1731 Muhammad, Zakiyya	W40 Hershey Blaz	29.23	30.81	3	

W45 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1747 Johnson, Lorraine	W47 Potomac Vall		30.77	2	

W50 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1724 Rath, Terri	W54 Athena Track Club	30.50	31.66	2	

W55 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1764 Allen, Adriene	W56 Unattached		30.65	1	
2 # 1778 Frazier, Karen	W57 Unattached		34.37	1	
3 # 1750 Matthews, Marguer	W55 Potomac Vall		34.67	2	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****W65 200 Meter Dash**

Name	Age Team	Seed	Finals	Points
1 # 1753 Phillips, Hannah	W65 Potomac Vall		38.28	

W75 200 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1784 Green, Rose	W79 Potomac Vall	40.00	42.09	

M19-29 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1789 Jackson, Erick	M27 Unattached	22.97	23.40	5	
2 # 1783 Gray, Warren	M28 Unattached	22.50	23.68	5	
3 # 1777 Ellis, Stephen	M25 Unattached	23.12	27.50	5	

M30 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1797 Lockhart, Darrell	M31 Unattached	23.90	24.73	5	

M40 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1819 Trach, Andrei	M44 Unattached		29.53	4	
-- # 1775 Davis, Derwin	M40 Unattached	24.55	DNF	5	

M45 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1840 Scott, David	M48 Unattached		25.79	4	
2 # 1835 Colbert, Christop	M45 Unattached		30.14	4	

M50 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1772 curtis, john	M52 Unattached	24.60	25.50	3	
2 # 1757 Shad, Jeff	M53 Potomac Vall	28.00	29.83	3	

M55 200 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1801 McGee, Don	M57 Unattached	24.46	25.63	2	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M60 200 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points
1 # 1821 vanderhoof, gary	M61 Unattached	29.00	29.73	2	

M65 200 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1838 Lynch, Herb	M67 Unattached		30.16	

M75 200 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1827 Williams, Albert	M77 Unattached	32.00	30.86	
2 # 1815 Rhoad, William	M76 Unattached	35.97	37.02	

M90 200 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1735 Hemphill, Dixon	M93 Potomac Vall		2:04.21	

W30 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1727 Fletcher, Tiera	W30 DC International	1:06.00	1:09.12	3	

W40 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1731 Muhammad, Zakiyya	W40 Hershey Blaz	1:13.89	1:18.84	3	

W45 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1747 Johnson, Lorraine	W47 Potomac Vall		1:13.57	2	

W50 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1786 Harvey, Alisa	W52 Unattached	1:03.00	1:03.24	3	
2 # 1725 Roberts, Charmain	W50 Athena Track Club	1:04.00	1:06.89	3	

W55 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1764 Allen, Adriene	W56 Unattached		1:10.93	2	
2 # 1723 Hayden, Julie	W58 Athena Track Club	1:12.00	1:13.73	1	
3 # 1750 Matthews, Marguer	W55 Potomac Vall		1:22.99	2	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****...W55 400 Meter Dash**

4 # 1778 Frazier, Karen	W57 Unattached		1:24.90	1
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W60 400 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1781 Good, Keg	W60 Unattached		1:42.39	

W65 400 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1753 Phillips, Hannah	W65 Potomac Vall		1:26.78	

W75 400 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1784 Green, Rose	W79 Potomac Vall	1:49.00	1:41.21	

M19-29 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1728 Williams, Marcell	M25 DC International	1:00.00	1:07.60	4	

M35 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1839 Parker, Marcus	M39 Unattached		58.95	4	

M45 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1840 Scott, David	M48 Unattached		1:02.73	4	

M50 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1772 curtis, john	M52 Unattached	55.00	56.07	4	
2 # 1757 Shad, Jeff	M53 Potomac Vall	1:05.00	1:06.80	2	

M55 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1779 Friend, Byron	M59 Unattached	1:00.00	1:06.42	2	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M60 400 Meter Dash**

Name	Age Team	Seed	Finals	H#	Points
1 # 1790 James, Ben	M61 Unattached	58.03	1:00.18	2	
2 # 1821 vanderhoof, gary	M61 Unattached	1:05.00	1:04.52	1	
3 # 1769 Baker, Anthony	M64 Unattached		1:12.98	1	

M65 400 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
1 # 1816 Rossiter, Spider	M66 Unattached	1:08.00	1:10.47	1	
2 # 1760 Wind, Jay Jacob	M68 Potomac Vall		1:51.78	2	

M75 400 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1815 Rhoad, William	M76 Unattached	1:29.50	1:27.09	

M90 400 Meter Dash

Name	Age Team	Seed	Finals	Points
1 # 1735 Hemphill, Dixon	M93 Potomac Vall		3:49.60	

W40 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1785 Gruendel, Jacquell	W43 Unattached	2:20.00	2:28.42	

W50 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1765 Anderson, Kim	W52 Unattached		2:42.00	

W55 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1723 Hayden, Julie	W58 Athena Track Club	2:45.00	2:50.09	

W60 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1751 Mayhugh, Mary Low	W61 Potomac Vall	3:29.00	3:30.75	

M35 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1822 Walchinsky, Mark	M39 Unattached	2:18.00	2:17.50	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M50 800 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 1780 Garster, Jim	M50 Unattached	2:30.00	2:29.24	

M55 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1759 Sullivan, David	M55 Potomac Vall	2:39.00	2:42.90	

M60 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1769 Baker, Anthony	M64 Unattached	3.00	3:16.44	
2 # 1813 Pinkus, Mark	M62 Unattached	3:30.00	4:25.47	

M65 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1816 Rossiter, Spider	M66 Unattached	2:40.00	2:52.02	
2 # 1756 Ryan, Paul	M67 Potomac Vall	2:45.00	2:54.11	
3 # 1823 Washington, Larry	M66 Unattached		2:57.48	

M70 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1768 Austin, Cortez	M70 Unattached	3:27.00	3:27.45	

M80 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1737 Price, Dr. Willia	M83 Mountain Express TC		5:01.81	

M90 800 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1735 Hemphill, Dixon	M93 Potomac Vall		8:38.23	

W55 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1743 Fagnano, Jody	W56 Potomac Vall	7:45.00	7:48.59	

W60 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1751 Mayhugh, Mary Low	W61 Potomac Vall	6:50.00	7:02.41	
2 # 1754 Recto, Liza	W62 Potomac Vall		7:49.19	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M19-29 1 Mile Run**

Name	Age Team	Seed	Finals	Points
1 # 1806 Napier, Sean	M26 Unattached	5:15.00	5:39.29	

M35 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1822 Walchinsky, Mark	M39 Unattached	4:45.00	4:54.99	
2 # 1796 Leake, James	M36 Unattached	5:15.00	5:21.27	

M45 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1836 Shadrick, Brian	M45 Bullseye Running		5:02.87	
2 # 1771 Cooper, James	M48 Unattached	5:25.00	5:24.27	

M55 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1744 Fagnano, Mike	M55 Potomac Vall	6:13.00	6:19.59	

M65 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1756 Ryan, Paul	M67 Potomac Vall	5:59.00	6:12.00	
2 # 1823 Washington, Larry	M66 Unattached	6:44.70	6:30.61	
3 # 1760 Wind, Jay Jacob	M68 Potomac Vall	7:00.00	7:37.50	

M70 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1837 Weiner, Robert	M70 Potomac Vall		11:07.58	

M80 1 Mile Run

Name	Age Team	Seed	Finals	Points
1 # 1737 Price, Dr. Willia	M83 Mountain Express TC		11:10.26	

W60 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1751 Mayhugh, Mary Low	W61 Potomac Vall	14:01.00	13:22.77	
2 # 1754 Recto, Liza	W62 Potomac Vall		14:57.40	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M45 3000 Meter Run**

Name	Age Team	Seed	Finals	Points
1 # 1810 Orloff, Conrad	M48 Unattached	10:10.00	9:58.34	

M50 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1780 Garster, Jim	M50 Unattached	10:40.00	10:37.60	

M55 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1807 Neff, Mark	M55 Unattached	10:40.00	10:33.62	
2 # 1759 Sullivan, David	M55 Potomac Vall	12:40.00	12:56.85	

M60 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1825 Wigglesworth, Hen	M60 Unattached	11:00.00	10:33.36	
2 # 1813 Pinkus, Mark	M62 Unattached		20:25.86	

M65 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1756 Ryan, Paul	M67 Potomac Vall	12:00.00	12:10.52	
2 # 1760 Wind, Jay Jacob	M68 Potomac Vall	15:00.00	14:27.86	

M75 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1742 Elliott, John	M79 Potomac Vall		18:13.38	

M80 3000 Meter Run

Name	Age Team	Seed	Finals	Points
1 # 1737 Price, Dr. Willia	M83 Mountain Express TC		21:54.09	

M40 60 Meter Hurdles

Name	Age Team	Seed	Finals	Points
1 # 1758 Stefanon, Justin	M44 Potomac Vall		13.56	

M45 60 Meter Hurdles

Name	Age Team	Seed	Finals	Points
1 # 1766 Ash, David	M47 Unattached		12.26	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M60 60 Meter Hurdles**

Name	Age Team	Seed	Finals	Points
1 # 1831 Hadrick, John	M60 Tnt Internat	9.80	9.49	
-- # 1791 Jeremiah, Lloyd	M60 Unattached	10.00	DNF	

M65 60 Meter Hurdles

Name	Age Team	Seed	Finals	Points
1 # 1749 Mathis, W. Keith	M65 Potomac Vall	12.45	14.40	

W50 4x200 Meter Relay

Team	Seed	Finals	Points
1 Athena Track Club 'A'	2:06.00	2:04.70	
1) #1726 Triolo, Sandylee 56			
2) #1725 Roberts, Charmaine 50			
3) #1723 Hayden, Julie 58			
4) #1724 Rath, Terri 54			

W70 4x200 Meter Relay

Team	Seed	Finals	Points
1 Potomac Valley Track Club 'A'		5:14.19	
1) #1788 Ingles, Laura 71			
2) #1784 Green, Rose 79			
3) #1763 Abdullah, Wahidah 70			

W105+ 4x200 Meter Relay

Team	Seed	Finals	Points
1 Potomac Valley Track Club 'B'		2:55.43	
1) #1753 Phillips, Hannah 65			
2) #1751 Mayhugh, Mary Lowe 61			
3) #1754 Recto, Liza 62			
4)			

M105+ 4x200 Meter Relay

Team	Seed	Finals	Points
1 Fly-Zone 'A'		2:03.51	

W35 High Jump

Name	Age Team	Seed	Finals	Points
1 # 1799 MacMinn, Erin	W39 Unattached		1.25m	

M40 High Jump

Name	Age Team	Seed	Finals	Points
1 # 1755 Rieger, Martin	M43 Potomac Vall		1.50m	
2 # 1758 Stefanon, Justin	M44 Potomac Vall		1.25m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M50 High Jump**

Name	Age Team	Seed	Finals	Points
1 # 1739 Barr, James	M50 Potomac Vall	1.63m	1.63m	

M65 High Jump

Name	Age Team	Seed	Finals	Points
1 # 1749 Mathis, W. Keith	M65 Potomac Vall	1.32m	1.30m	

M75 High Jump

Name	Age Team	Seed	Finals	Points
1 # 1804 morgan, curtis	M75 Unattached	1.39m	1.30m	
2 # 1815 Rhoad, William	M76 Unattached		0.90m	

W19-29 Pole Vault

Name	Age Team	Seed	Finals	Points
1 # 1774 Davis, Caitlin	W24 Unattached	10-11.00	10-06.00	

W40 Pole Vault

Name	Age Team	Seed	Finals	Points
1 # 1736 Ingles, Penelope	W41 Potomac Vall	5-05.00	5-00.00	

M50 Pole Vault

Name	Age Team	Seed	Finals	Points
1 # 1748 Keys, Jim	M52 Potomac Vall	12-00.00	13-00.00	

W45 Long Jump

Name	Age Team	Seed	Finals	Points
1 # 1773 Cypress, Jill	W45 Unattached	4.57m	4.45m	

W50 Long Jump

Name	Age Team	Seed	Finals	Points
1 # 1741 Battle, Tracey	W50 Potomac Vall		4.26m	

M35 Long Jump

Name	Age Team	Seed	Finals	Points
1 # 1814 Porter Jr, John	M39 Unattached	6.07m	5.41m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M40 Long Jump**

Name	Age Team	Seed	Finals	Points
1 # 1755 Rieger, Martin	M43 Potomac Vall		3.57m	

M65 Long Jump

Name	Age Team	Seed	Finals	Points
1 # 1749 Mathis, W. Keith	M65 Potomac Vall	3.81m	3.36m	

M75 Long Jump

Name	Age Team	Seed	Finals	Points
1 # 1815 Rhoad, William	M76 Unattached		2.12m	

W45 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1773 Cypress, Jill	W45 Unattached	10.06m	10.11m	

W50 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1741 Battle, Tracey	W50 Potomac Vall		9.13m	

M19-29 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1777 Ellis, Stephen	M25 Unattached	10.06m	10.58m	

M55 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1817 Smith, Chris	M55 Unattached		10.37m	
2 # 1740 Battle, Marcus	M59 Potomac Vall		6.47m	

M65 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1749 Mathis, W. Keith	M65 Potomac Vall		7.30m	

M75 Triple Jump

Name	Age Team	Seed	Finals	Points
1 # 1815 Rhoad, William	M76 Unattached		5.04m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M19-29 Shot Put**

Name	Age Team	Seed	Finals	Points
1 # 1730 Cerminara, John	M26 Hershey Blaz	13.61m	14.09m	

M35 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1814 Porter Jr, John	M39 Unattached	11.14m	10.78m	

M40 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1755 Rieger, Martin	M43 Potomac Vall	12.80m	12.22m	
2 # 1758 Stefanon, Justin	M44 Potomac Vall		7.83m	
3 # 1798 MacMinn, Brett	M41 Unattached		6.31m	

M45 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1832 Mathias, Scott	M46 Unattached		9.12m	
2 # 1766 Ash, David	M47 Unattached		7.81m	

M50 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1739 Barr, James	M50 Potomac Vall	12.75m	11.80m	
2 # 1792 Johnson AtlantaTC	M51 Unattached	11.45m	10.49m	
2 # 1748 Keys, Jim	M52 Potomac Vall	10.67m	10.49m	

M60 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1802 McIntyre, Gerard	M60 Unattached	10.36m	9.94m	

M70 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1746 Hailstock, Henry	M73 Potomac Vall		9.49m	
2 # 1830 Pearse, James	M72 Potomac Vall		8.11m	

M75 Shot Put

Name	Age Team	Seed	Finals	Points
1 # 1804 morgan, curtis	M75 Unattached		8.36m	
2 # 1800 McCabe, Lee	M78 Unattached		8.28m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****W40 Weight Throw 35#**

Name	Age Team	Seed	Finals	Points
1 # 1736 Ingles, Penelope	W41 Potomac Vall		9.45m	

W55 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1826 Wilkins, Mary	W57 Unattached	3.05m	11.34m	

W60 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1781 Good, Keg	W60 Unattached	8.74m	8.67m	

W65 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1782 Grandison, Delore	W65 Unattached		11.00m	

W70 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1763 Abdullah, Wahidah	W70 Potomac Vall	0.92m	7.32m	

M19-29 Weight Throw 25#

Name	Age Team	Seed	Finals	Points
1 # 1730 Cerminara, John	M26 Hershey Blaz	12.71m	14.78m	

M35 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1814 Porter Jr, John	M39 Unattached	13.40m	13.52m	

M50 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1739 Barr, James	M50 Potomac Vall	13.85m	14.07m	
2 # 1748 Keys, Jim	M52 Potomac Vall	14.76m	12.90m	

M55 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1828 Robinson, Shawn	M56 Potomac Vall		13.94m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M65 Weight Throw 35#**

Name	Age Team	Seed	Finals	Points
1 # 1761 Jordan, Rufus	M68 Tnt Internat		12.64m	

M70 Weight Throw 35#

Name	Age Team	Seed	Finals	Points
1 # 1830 Pearse, James	M72 Potomac Vall		11.64m	

W40 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1736 Ingles, Penelope	W41 Potomac Vall		5.84m	

W55 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1826 Wilkins, Mary	W57 Unattached		8.07m	

W65 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1782 Grandison, Delore	W65 Unattached		7.84m	

W70 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1763 Abdullah, Wahidah	W70 Potomac Vall		5.46m	

M19-29 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1730 Cerminara, John	M26 Hershey Blaz		8.68m	

M50 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1739 Barr, James	M50 Potomac Vall		7.41m	
2 # 1748 Keys, Jim	M52 Potomac Vall		7.09m	

M55 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1828 Robinson, Shawn	M56 Potomac Vall		6.45m	

PVA Complex Masters & Open indoor Championship - 2/11/2018**PG Sports and Learning Center****Results****M65 Super Weight**

Name	Age Team	Seed	Finals	Points
1 # 1761 Jordan, Rufus	M68 Tnt Internat		7.08m	

M70 Super Weight

Name	Age Team	Seed	Finals	Points
1 # 1830 Pearse, James	M72 Potomac Vall		6.36m	

W60 3000 Meter Race Walk

Name	Age Team	Seed	Finals	Points
1 # 1754 Recto, Liza	W62 Potomac Vall		23:32.64	

M55 3000 Meter Race Walk

Name	Age Team	Seed	Finals	Points
1 # 1752 McLaughlin, Terry	M57 Potomac Vall	23:49.50	24:48.58	

M65 3000 Meter Race Walk

Name	Age Team	Seed	Finals	Points
1 # 1767 Augustine, Tom	M68 Unattached		20:12.68	

M80 3000 Meter Race Walk

Name	Age Team	Seed	Finals	Points
1 # 1734 Copeland, Terry	M80 Potomac Vall		28:19.00	