

Potomac Valley Games
Saturday, August 30, 2003
Youth Results
Langley High School in McLean, Virginia

Forty-three young athletes ranging from 3-14 years old participated in 9 events on the first day of the Potomac Valley Games. The majority hailed from Maryland and Virginia with the District of Columbia, Pennsylvania, and North Carolina represented as well.

The top three boys and girls in each age group were vying for the coveted Potomac Valley Track Club (PVTC) medals. Sights were also set on breaking the Potomac Valley Games Youth records. PVTC member Aliese Lovelace (12) stepped up in the first event of the day, the 100 meter dash, and trimmed .06 seconds off the mark established last year by Kierra Terry. Kierra (13) turned right around in the 200 meter dash and sliced .52 seconds off the record for 13-14 years set in 1998.

Ricky Blake (12) had the most productive day with 4 first place finishes and 2 new meet records in the 800 meter and the one mile run..

Four other records were set: Ashley Cormier (11) in the 400 meter dash; Jasmine Peterson-Hassan (13) and Andrew Hayden (9) in the 800 meter run; and Stephanie Marzen in the one mile run.

Long-time friends Patrick Fulghum (11) and Chris Allen (13) ran their 3000 meter race at the same time the adults were running the 5000/10000 meter event. Patrick kept Chris in sight throughout and was able to break the Games record by over a minute. Chris established the mark for 13&14 boys. He also smashed the previous mile record of 6:10:17 with his time of 5:42:45.

(* after the Name indicates athlete is a member of the Potomac Valley Track Club)
(*after the Result indicates a meet record was set or broken)

Event/Name	Age	City/State	Result
100 Meter Hurdles			
Girls 13-14			
Peterson-Hassan, Jasmine	13	Woodbridge, VA	21.80
100 Meter Dash			
Girls 8 & under			
Brown-Lewis, Micha	8	Owens Mills, MD	19.06
Morris, Caitlin	6	Washington, DC	22.56
Girls 9-10			
Hill, Virginia	9	Haymarket, VA	17.99
Girls 11-12			
Lovelace*, Aliese	12	Bristow, VA	13.40*
Cormier, Ashley	11	Owings Mills, MD	14.66
Davis, Eboni	12	Bowie, MD	16.03
Gutierrez, Daniela	12	Centreville, MD	16.53
Girls 13-14			
Terry, Kierra	13	Alexandria, VA	13.02
Peterson-Hassan, Jasmine	13	Woodbridge, VA	13.69
Lovelace*, Tiara	13	Bristow, VA	13.79
Schade, Alexandra	14	Ashburn, VA	14.69
100 Meter Dash			
Boys 8 & under			
Casteal, Keianno	8	Ft Belvoir, VA	16.47
Davis, Miles	8	Gaithersburg, MD	16.57
Lipshutz, Josh	8	Gaithersburg, MD	17.94
Harris, Jaymon	6	Ft Belvoir, MD	21.34
Velez, Branden	8	Bristow, VA	21.78
Velez, Parker	5	Bristow, VA	28.92
Lewis Jr., KeShawn	3	Owings Mills, MD	42.23
Hill, Jaxon	3	Haymarket, VA	54.71
Boys 9-10			
Williams, Jerel	10	Glen Burnie, MD	14.03
Kopciak, Sam	10	Ashburn, VA	15.23
Williams, Tyrone	10	Glen Burnie, MD	15.40
Tillman, Amir	9	Lincoln Univ, PA	18.20

Boys 13-14			
Kopciak, Zachary	14	Ashburn, VA	14.69
200 Meter Dash			
Girls 8 & under			
Brown-Lewis, Micha	8	Owens Mills, MD	41.01
Elias, Becca	8	McLean, VA	41.88
Girls 11-12			
Lovelace*, Aliese	12	Bristow, VA	28.07
Cormier, Ashley	11	Owings Mills, MD	30.97
Girls 13-14			
Terry, Kierra	13	Alexandria, VA	27.30*
Lovelace*, Tiara	13	Bristow, VA	29.87
Schade, Alexandra	14	Ashburn, VA	30.94
200 Meter Dash			
Boys 8 & under			
Casteal, Keianno	8	Ft Belvoir, VA	35.74
Davis, Miles	8	Gaithersburg, MD	36.31
Lipshutz, Josh	8	Gaithersburg, MD	41.71
Velez, Parker	5	Bristow, VA	62.97
O'Malley, James	5	McLean, VA	78.75
Boys 9-10			
Williams, Jerel	10	Glen Burnie, MD	29.96
Kopciak, Sam	10	Ashburn, VA	31.86
Williams, Tyrone	10	Glen Burnie, MD	33.43
Tillman, Amir	9	Lincoln Univ, PA	39.90
Elias, Zach	10	McLean, VA	42.87
Boys 11-12			
Blake, Ricky	12	Suffolk, VA	29.46
Boys 13-14			
Kopciak, Zachary	14	Ashburn, VA	30.12

400 Meter Dash**Girls 8 & under**

Brown-Lewis, Micha	8	Owens Mills, MD	1:42.09
Morris, Caitlin	6	Washington, DC	1:55.30

Girls 11-12

Cormier, Ashley	11	Owings Mills, MD	1:06.29*
Oaxaca*, Andrea	12	Arlington, VA	1:09.42

Girls 13-14

Terry, Kierra	13	Alexandria, VA	1:03.22
Peterson-Hassan, Jasmine	13	Woodbridge, VA	1:08.66

400 Meter Dash**Boys 8 & under**

Davis, Miles	8	Gaithersburg, MD	1:19.60
Lipshutz, Josh	8	Gaithersburg, MD	1:35.99
Harris, Jaymon	6	Ft Belvoir, MD	1:42.42
Velez, Branden	8	Bristow, VA	1:44.19

Boys 9-10

Jones, Max	10	Alexandria, VA	1:16.50
Hamilton, Linus	9	Hyattsville, MD	1:27.24

800 Meter Run**Girls 8 & under**

Brown-Lewis, Micha	8	Owens Mills, MD	4:22.08
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Girls 11-12

Cormier, Ashley	11	Owings Mills, MD	2:47.98
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Girls 13-14

Peterson-Hassan, Jasmine	13	Woodbridge, VA	2:55.29*
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800 Meter Run**Boys 9-10**

Hayden, Andrew	9	Ashburn, VA	2:56.66*
Jones, Max	10	Alexandria, VA	3:19.52

Boys 11-12

Blake, Ricky	12	Suffolk, VA	2:40.94*
Fulghum*, Patrick	11	Vienna, VA	2:41.95
Stegmeier, Kurt	11	South Riding, VA	2:59.60

One Mile Run**Girls 9-10**

Marzen*, Stephanie	10	McLean, VA	6:33.37*
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One Mile Run**Boys 11-12**

Blake, Ricky	12	Suffolk, VA	5:42.92*
Fulghum*, Patrick	11	Vienna, VA	5:47.55

Boys 13-14

Allen, Chris	13	Reston, VA	5:42.45*
Choi, Woo Jin	14	Annandale, VA	6:19.95
Velez, Tucker	14	Bristow, VA	6:29.06
McArthur, Josh	14	Catawba, NC	7:15.63

3000 Meter Run**Boys 11-12**

Fulghum*, Patrick	11	Vienna, VA	11:47.0*
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Boys 13-14

Allen, Chris	13	Reston, VA	11:27.0*
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High Jump**Boys 11-12**

Blake, Ricky	12	Suffolk, VA	1.36m
Mathis*, Joshua	11	Reisterstown, MD	1.11m

Boys 13-14

Lang, John	14	Bethlehem, PA	1.36m
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Long Jump**Girls 9-10**

Hill, Virginia	9	Haymarket, VA	3.08m
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Girls 13-14

Schade, Alexandra	14	Ashburn, VA	3.62m
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Long Jump**Boys 9-10**

Lang, Michael	10	Bethlehem, PA	2.99m
Hamilton, Linus	9	Hyattsville, MD	2.81m

Boys 11-12

Blake, Ricky	12	Suffolk, VA	4.55m
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